

Ask a grown-up to talk to you about where your electricity comes from. It might save money if your family switches to green energy. <http://sussexcleanenergy.org/>



Turn off taps, lights, and electronics every day when you're not using them.



Have a family plastic count! Add up all the plastic in your home. Next time you buy something, think about if it is made of plastic or wrapped in it. Look at the recycling labels and check it can be recycled in your council home bin <https://www.chichester.gov.uk/recyclingadvice>.



Find some tasty meat-free recipes to try cooking and eating together as a family. Join <https://www.meatfreemondays.com>



Help your family with the shopping, Take reusable long-life bags to the supermarket, choose in-season and local food and with the least packaging possible.



Use a reusable water bottle at school and when out and about. Ask your parents to download this app so they can ask to have their bottle topped up at any refill shop/location <https://www.refill.org.uk/>



Grow your own salad or herb garden by planting seeds in clean, empty yoghurt pots. Its fun and fits on a windowsill. You can grow almost any food plants.



Ask a grown-up in your family to take you on a charity-shop treasure hunt to look for beautiful second-hand toys, clothes, and presents.



Take your family to explore outdoors at the weekend instead of playing video games.



Help all your friends and family to do these things too and talk to them about everything you have learnt at our Bright New Future Roadshow today.



Look at the recycling labels and check it can be recycled in your council home bin <https://www.recyclenow.com/>.  
Find your nearest Repair Café: <https://www.repaircafe.org/>  
Find your nearest farmers market, grow your own or farm shop - try to buy local, loose and in season.

Your roadshow partners are:  
Carrie - [www.sussexgreenliving.co.uk/bright-new-future/](http://www.sussexgreenliving.co.uk/bright-new-future/)  
Keith - [www.movingsounds.org/](http://www.movingsounds.org/)  
Nicola - <https://www.nicolapeel.com/>  
Clive and Neela - School Woodland Theatre Project

